

# HLTAID001

## PROVIDE

## CARDIOPULMONARY

## RESUSCITATION



Making career development easy



### OVERVIEW

This course is designed to develop the skills and knowledge required to provide Cardiopulmonary Resuscitation (CPR) and use a defibrillator (AED) on a casualty, until the arrival of medical or other assistance to meet the requirements for a workplace or for personal development.

### COURSE STRUCTURE

#### This course covers:

- DRSABCD procedure
- Infection control
- Responding to an emergency situation
- Chain of survival
- Assessment for unconsciousness
- Perform CPR procedures
- Utilising the recovery position

#### Entry Requirements:

There are no entry requirements for this course. People must have a reasonable level of spoken and written English to complete assessments.

Students under 18 years of age must provide written permission from a parent or guardian.

Please be aware that training of this nature involves moderate physical activity, including kneeling, bending and being on the floor performing CPR on a manikin uninterrupted for at least two minutes.

#### Where will the training take place?

Training and Assessment will take place:

**Pre-course activities:** Pre-reading and pre-course assessment before arriving to class.

**Classroom:** Training and assessment takes place in a classroom and involves simulated first aid scenarios.

**Assessment:** Assessment includes written questions and observations using an adult and infant manikins, defibrillator and completing an incident report form.

#### What ARC Training provides?

We provide learning materials, assessment tools and a qualified trainer and assessor.

#### How long will the program run?

The duration of the class is approximately 3 hours.

#### Certification

Upon successful completion of training and assessment you will receive a Statement of Attainment for:

- HLTAID001 Provide Cardiopulmonary Resuscitation

This unit of competency is to be renewed in 12 months.

#### How much will it cost?

**Fee for Service:** \$150

Please contact an ARC Training representative for more information on 1300 793 146 for NSW or 1300 793 184 for QLD.